

COVID 19 Risk Assessment - Rehearsals		
Organisation: Djanogly Community Orchestra		
Rehearsal Venue: Djanogly Learning Trust Sherwood Rise Nottingham Road Nottingham NG7 7AR		
Produced by: DCO committee		
Date: 21 August 2021		
Approved: 29 August 2021		
What are the key COVID-19 risks that this assessment aims to mitigate and who is affected?	<ul style="list-style-type: none"> • DCO members catch/give Covid-19 from/to other group members in a rehearsal • DCO members have underlying health conditions/are in high risk/vulnerable group/ are key workers/live in a household with any of the above, so should avoid exposure to potential infection • DCO members catch / give COVID-19 to/from school children, staff or other users of the Djanogly Learning Trust premises 	

RISK	MITIGATION	Who is responsible?
General transmission of COVID-19		
Transmission via droplets which are heavier than air and thus fall down. If they land on a surface which we then touch with our hands (e.g. table), we may pick them up. Subsequently touching our face could then lead to infection	General prevention measures: wash hands frequently, do not touch face, clean surfaces often. Maintain distance between participants/wear masks/avoid one participant facing another to avoid inhalation.	Members
Transmission via aerosols; these are much lighter than droplets and can therefore linger in the air if there is no ventilation or draft. This makes it more likely that someone else walks through and inhales this virus 'cloud'.	General prevention: <ul style="list-style-type: none"> • face coverings to be worn at all times unless playing • Members to wear face covering when playing unless wearing one would compromise comfort or ability to play • Players of wind instruments to consider use of bell covers where practical (see wind section) • Use a more spacious orchestra set-up than normal • Ventilation system to be on during rehearsal • External fire door to be left open for a period before rehearsal and during break, and if conditions permit, during the rehearsal 	Members Monitors DLT Monitors
Transmission via other secretions from mouth/nose (sneezes, mucus, saliva)	General prevention: <ul style="list-style-type: none"> • sneeze into a tissue and dispose of it • cough/ sneeze into crook of arm • each member to bring a bag for their own tissue disposal • use sanitiser after sneezing into tissue.(also see section on wind instruments) 	Members
Transmission because members are not aware of required behaviours at rehearsal	<ul style="list-style-type: none"> • All members to receive a COVID-19 protocol • Appoint three COVID monitors per rehearsal and develop checklist of instructions for them • Review behaviour after two rehearsals and issue any necessary reminders • Members to acknowledge they have read COVID-19 members protocol when the monitor registers them at rehearsal 	DCO Committee Monitors and DCO Chairman Members

RISK	MITIGATION	Who is responsible?
Music-specific risk-minimisation		
Transmission because a COVID positive member attends the rehearsal	<p>Reduce risk at entry point by excluding:</p> <ul style="list-style-type: none"> • anyone who has been in contact with someone with symptoms of Covid-19 until the prescribed period of ten days self-isolation is over (contact = day 0), unless the person with symptoms has been tested for covid19 and found to be negative, regardless of government guidance re exemptions applying after 16 August 2021 • anyone who has symptoms of COVID-19 (high temperature, continuous cough or loss of taste or sense of smell) • anyone who has been asked to self-isolate for any reason (including by Test & Trace or because of returning from relevant overseas destination) <p>These points to be managed by:</p> <ul style="list-style-type: none"> • Members to abide by Covid member's rules requirements • Monitor to confirm that member has read card when register is taken. <p>These measures will not be completely reliable or exclude all potential carriers of Covid-19, but both will keep everyone's awareness raised and therefore also support compliance with other measures</p> <ul style="list-style-type: none"> • Members to be recommended to take up the option of vaccination against COVID-19 as appropriate. • Members to be recommended to undertake regular lateral flow testing to ensure that they are not asymptotically positive for COVID-19 • Members to be asked to consider their personal risk in the light of the safety measures taken, when deciding whether to attend 	<p>Members Monitors</p> <p>Committee</p>
Transmission because member falls ill during rehearsal	<p>Member to leave the rehearsal hall and either go home immediately or wait in the foyer until they can be collected/taken home. Monitor to ensure a chair is available for them and to ensure their safety while they wait, making their own safety a priority and ensuring the external doors are open to ensure good ventilation.</p> <p>If member is incapacitated to the extent that they cannot leave the hall, ambulance service called and rehearsal terminated.</p>	Members, monitors

RISK	MITIGATION	Who is responsible?
Transmission because of environmental hazard	<p>Reduce risk by creating low risk environment: Increase ventilation:</p> <p>Djanogly theatre is a large high ceiling venue with air in air out system</p> <ul style="list-style-type: none"> • Ventilation system to be on during rehearsal. • Ventilation will be further increased by opening external fire escape doors before rehearsal, and during break, and if conditions permit, during the rehearsal. <p>Avoid close proximity between participants</p> <ul style="list-style-type: none"> • Utilising the entire floor area of the rehearsal hall • Conductor podium minimum 2m from front desks so conductor does not need to wear a mask / face covering • No refreshments served – members may bring own drinks. • Members to use their discretion and avoid congregating, whether to socialise or for other reasons • Members to use their discretion and remain at a suitable distance from others when moving through the building. 	<p>DLT Monitors</p> <p>Monitors Conductor and Monitors</p> <p>Members</p>
Equipment and instruments (eg Timpani, conductor's podium, chairs, music)	<ul style="list-style-type: none"> • Members to sanitise hands before moving timpani. • Members to wear masks when moving timpani • Members to sanitise hands after moving timpani • Members to bring their own sanitiser. • Members to sanitise hands prior to entry and when leaving. <p>Chairs:</p> <ul style="list-style-type: none"> • Three appointed covid monitors will arrive early and follow guidance on COVID-19 monitor action card. • Monitors to put conductor's podium out. • Monitors lay out chairs. • Members adjust chairs position as required. • Members may wish to sanitise their hands before they start playing. • Disabled members unable to use folding chair to ask a monitor for one of the alternative chairs. 	<p>Percussionists and anyone assisting.</p> <p>Members</p> <p>Monitors</p> <p>Members, monitors</p>
Exposure during close contact at rehearsal	<ul style="list-style-type: none"> • Seating plan enhanced separation (see separate mitigations for contact with droplets from brass instruments). 	<p>Members, Monitors</p>

RISK	MITIGATION	Who is responsible?
Music – risk of transmission through multiple handling of music	<p>This is a minor risk</p> <ul style="list-style-type: none"> Where orchestration allows, any member who wishes to do so and would otherwise have to share a stand to print off their own part via IMSLP/copy and use their own music stand. 	Members, Monitors
Specific Issues for Wind Instruments		
Droplet transmission:	<ul style="list-style-type: none"> Enhanced spacing 	Members and monitors

RISK	MITIGATION	Who is responsible?
Aerosol transmission:	<p>Research currently insufficient about transmission via aerosols for brass instrument players and flautists and whether their deeper in-breaths may also present an additional risk factor. Additional preventative measures therefore suggested:</p> <ul style="list-style-type: none"> • French horn players/any player coming into contact with saliva/secretions/the inside of their instrument should observe extra thorough and gelling of hands • For brass instruments – disposal of potentially contaminated condensation: <ul style="list-style-type: none"> ○ this should not be emptied on to the floor, but caught in a container or with absorbent paper then disposed of safely by the instrument user ○ ideally cleaning should take place outside/ away from the rehearsal room • No blowing across finger holes or sections of instruments to clear blockages • While not required by guidance, and of variable effectiveness, the use of a tightly woven fabric cover over the bell to minimise aerosol of all wind instruments where it does not compromise playing may be considered. • DCO committee will monitor latest research and change RA as appropriate 	<p>Relevant members</p> <p>DCO committee</p>
Transmission because of insufficient spacing between instruments.	<ul style="list-style-type: none"> • Orchestra to utilise all available space in rehearsal hall • Masks to be worn at all times when moving about the building and where practicable strongly advised when playing. 	Members and monitors
Risks related to the using the venue		
Exposure when accessing the venue	<ul style="list-style-type: none"> • Members not to congregate in close proximity to one another. • Members to use hand gel on entry. • Entry and exit via main door, with adjoining doors propped open. 	Members

RISK	MITIGATION	Who is responsible?
Exposure due to Insufficient ventilation	<p>See above. Djanogly theatre is a large high ceiling venue (approx. 9-10 metres) with air in air out system.</p> <ul style="list-style-type: none"> • Ventilation system to be to be on during rehearsal. • Ventilation will be further increased by opening external fire escape doors for a period before the rehearsal, during the break, and if conditions permit, during the rehearsal. 	DLT Monitors
Risk of transmission because venue is not clean after previous use	<ul style="list-style-type: none"> • Hall to be cleaned before use, including door handles, chairs and light switches • Covid monitor in gloves to lay out chairs in approximate positions 	DLT Monitors
<p>Toilets:</p> <p>Risk of transmission because surfaces in toilet and route to toilet not remaining clean if in multiple use (eg door handles, vestibule).</p>	<ul style="list-style-type: none"> • Toilets cleaned before and after rehearsal • Prop open doors from toilet, corridor into vestibule and into hall to avoid touching handles • Members to avoid toilet overcrowding. 	DLT Members
Risk of aerosol transmission by close contact in congested corridor / vestibule as people access the toilets.	<ul style="list-style-type: none"> • Members to observe suitable distancing at all times • Wash hands after toilet use. 	
Failure to manage social distancing at break times	<ul style="list-style-type: none"> • Members to remain in rehearsal hall when possible • Reminders issued if required. 	DCO committee and monitors
Risk of transmission while refreshments prepared or served	<ul style="list-style-type: none"> • No refreshments served • Members may bring their own drinks (no food) 	Members

RISK	MITIGATION	Who is responsible?
<p>Risk of onward transmission through failure to notify relevant people if a member tests COVID positive</p>	<p>DCO is using facilities within DLT guidelines.</p> <ul style="list-style-type: none"> • Monitors to display an NHS Test and Trace QR code for members to scan on registration. • Members to sign in using the NHS Test and Trace app where possible. • Where not possible, Covid monitor to check name and phone number on register so that details can be provided to NHS Test and Trace if required. • Covid monitor takes photo of register and sends to membership secretary to retain for 21 days following rehearsal. <p>Members to notify the chairman if they:</p> <ul style="list-style-type: none"> • Develop symptoms of COVID-19 within 2 days of attending rehearsal (that is, before Thursday for a Monday rehearsal). • Test positive for COVID-19 within 2 days of attending rehearsal • DCO chairman to liaise with Estates Manager at DLT and inform members present at same rehearsal in the event of a positive test for COVID-19, and ensure that relevant advice from NHS Test and Trace is followed. <p>DLT to notify DCO chairman in the event that any other hall user tests positive for COVID- 19 in the previous 7 days and chairman to notify members as appropriate.</p>	<p>DLT</p> <p>Monitors</p> <p>Members</p> <p>Monitors</p> <p>Members</p> <p>DCO chairman</p> <p>DLT</p>